

#### Pre-conference - Diabetes 101

11:30 am - 12:10 pm - Overview/Survival Skills Ann Marie Brooks, MSN, RN, CDE

12:15 pm - 12:45 pm - Nutrition Basics Beth Wolfgram, MS

12:50 pm - 1:10 pm - Exercise Basics Beth Wolfgram, MS

1:15 pm - 1:45 pm - Monitoring, Lab & Goals Stephen McBride, Geri Wood, RN, BSN, CDE (Carol Ryan Cooley and Ann Marie Brooks assist)

1:50 pm - 2:10 pm - Medications Neal Catalano, RPh, CDE

2:15 pm - 2:30 pm - Psychosocial Carol Ryan Cooley & Ann Marie Brooks

12:30 pm - 2:30 pm - "Pump Wearing" Animas, Deltec, Mini Med

 $3:00~\rm pm$  -  $5:00~\rm pm$  - "Prevention of Type 2 Diabetes: Will it Work, and Why Not?"

Frank Vinicor, MD, MPH, Director of the Division of Diabetes Translation, CDC, Atlanta, GA

5:00 pm - 7:00 pm - Reception for Dr. Vinicor sponsored by the American Diabetes Association Serving Utah (ADA)

Please RSVP to Gayle Burns 1-888-342-2383 ext. 7073 or gburns@diabetes.org

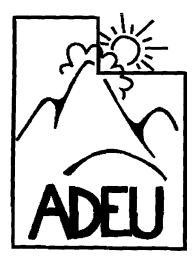


## Utah Diabetes Update 2004 Speakers

Frank Vinicor, MD, MPH, Director of the	Karen Donaldson, MS	Robert E. Jones, MD, FACP, FACE	Ann Sorenson, Ph.D.
Division of Diabetes Translation, CDC	EXCEL Health & Wellness	Aventis Pharmaceuticals, Inc.	Utah State University
Atlanta, GA	Pocatello, ID	Park City, UT	Logan, UT
Shereen Arent, JD	Sherrie Evershed, RN, MSPH	Molly Keane, MS, RD, CDE	Steven Steed, DDS
American Diabetes Association	Utah Telehealth Network	Amylin Pharmaceuticals	Utah Department of Health
Takoma Park, MD	Salt Lake City, UT	San Diego, CA	Salt Lake City, UT
John Bramble, M. Lib.	Alireza Falahati-Nini, MD	Stephen McBride	Gerald B. Stephanz, Jr., MD
Spencer S. Eccles Health Science Library	Utah Physicians Care Centers	Bayer Corp.	Central Utah Multi-Specialty Clinic Nephrology
Salt Lake City, UT	Salt Lake City, UT	Salt Lake City, UT	Provo, UT
Ann Marie Brooks, MSN, RN, CDE	John Fang, MD	Julie Metos, MPh, RD, CDE	Shaun Talbot, Ph.D.
St. Mark's Hospital	University of Utah	Primary Children's Medical Center	University of Utah
Salt Lake City, UT	Salt Lake City, UT	Salt Lake City, UT	Salt Lake City, UT
Neal Catalano, RPh, CDE	Cathy Feste, BA	Carol Rasmussen, RN, CDE	Keith Tolman, MD
Diabetes Specially Center	Humedico	Uintah Basin Medical Center	University of Utah
Salt Lake City, UT	Hopkins, MN	Roosevelt, UT	Salt Lake City, UT
Joan Clark, MS, RD, CDE	Eddie Hill, Ph.D. Vaughn Roche, LG	Vaughn Roche, LCSW	Beth Wolfgram, MS
Utah Diabetes Center	Rockcreation Sport Climbing Center University of Utah	University of Utah	St. Mark's Hospital
Salt Lake City, UT	Costa Mesa, CA Salt Lake City, UT	Salt Lake City, UT	Salt Lake City, UT
Carol Ryan Cooley, PhD	Lucie Jarrett, APRN, MS, CDE	Venkatesh Babu G. Segu, MD, FACE Gerri Wood, RN, BSN, CDE	Gerri Wood, RN, BSN, CDE
Urah Department of Health	Primary Children's Medical Center	St. Mark's Hospital Utah Diabetes Center	Utah Diabetes Center
Salt Lake City, UT	Salt Lake City, UT	Salt Lake Civ, UT Salt Lake Civ, UT	Salt Lake Civ, UT

Association of Diabetes Educators of Utah (ADEU) 4505 S. Wasatch Blvd. Ste. 290 Salt Lake City, Utah 84124

# Utah Diabetes Update 2004



Association of Diabetes Educators of Utah

November 3-5, 2004

The Canyons/Grand Summit Resort Hotel 4000 Canyon Resort Drive Park City, Utah

www.thecanyons.com

### General Information

The objective of this conference is to update professionals on the latest in diabetes management, education and research. It is specifically designed for health care professionals who work with people who have diabetes.

### Conference Sponsors:

Association of Diabetes Educators of Utah (ADEU) an affiliate of the American Association of Diabetes Educators (AADE)

Utah Diabetes Prevention & Control Program

Continuing Education Credits: Continuing education credits are provided by the AADE and are available for registered dietitians, registered nurses, licensed practical nurses, nurse Practitioners and pharmacists.

Companies dedicated to the management of diabetes will be demonstrating their products throughout the conference. Without their generosity and support, this conference would not be possible.



### Diabetes Update Agenda Pre-Conference November 3, 2004

11:30 am - 2:30 pm - "Diabetes 101" Carol Ryan Cooley, PhD.

12:30 pm - 2:30 pm - "Pump Wearing"

Limited to the first 50 registered participants

#### Free Admission

3:00 pm - 5:00 pm - "Prevention of Type 2 Diabetes: Will it Work, and Why Not?" (non-CEU) Frank Vinicor, MD, MPH, Director of the Division of Diabetes Translation, CDC

Free Admission by RSVP Only 5:00 pm - 7:00 pm - Reception for Dr. Vinicor sponsored by the American Diabetes Association **Serving Utah (ADA)** (Please RSVP to Gayle Burns 1-888-342-2383 ext. 7073 or gburns@diabetes.org)



### Diabetes Update Agenda November 4, 2004

6:00-6:30 (optional) - "Exercise" meet at the registration desk, Karen Donaldson, MS

7:00 am - 8:00 am - Registration

8:00 am - 9:30 am - General Session Keynote "Diabetes Self-Management: The Importance of a 'Gumbo' Approach"

Frank Vinicor, MD, MPH, Director of the Division of Diabetes Translation, CDC

9:30 am - 9:45 am - Break

9:45 am - 10:45 am - Breakout Sessions "Aggressive Treatment of Diabetic Dyslipidemia" Venkatesh Babu G. Segu, MD, FACE "Diet for the Aging Brain" Joan Clark, MS, RD, CDE "Nephropathy" Gerald B. Stephanz, Jr., MD "Technology and Diabetes Information" Sherrie Evershed, RN, MSPH, and John Bramble, M.Lib.

10:45 am - 11:00 am - Break

11:00 am - 12:00 am - Breakout Sessions "What's New in Diabetes Research" Robert E. Jones, MD, FACP, FACE "Understanding and Identifying Patients with Eating Disorders" Julie Metos, M.Ph, RD, CDE "Exercise: Setting the Example for Your Patients" Karen Donaldson, MS "Relationship between Diabetes and the Liver" Keith G. Tolman, MD

12:00 pm - 1:30 pm - Lunch/Awards Banquet

1:30 pm - 2:45 pm - General Session "School and Workplace Advocacy" Shereen Arent, JD

2:45 pm - 3:45 pm - Break with Vendors

3:45 pm - 4:45 pm - General Session "New Practice Recommendations" Robert E. Jones, MD, FACP, FACE



### Diabetes Update Agenda November 5, 2004

7:00-8:00 (optional) - "Exercise" meet at the registration desk, Karen Donaldson, MS

8:30 am - 9:30 am - General Session "The Power to be Well" Cathy Feste, BA

9:30 am - 9:45 am - Break

9:45 am - 10:45 am - Breakout Sessions "Incretin Mimetics: The Role of Gut Peptides in Glucose Regulation" Molly Keane, MS, RD, CDE "How I Handle My Insulin Pump at School" (panel) Lucie Jarrett, APRN, MS, CDE "Keeping it Clean: Oral Care in Diabetes" Steven Steed, DDS

10:45 am - 11:30 am Break with Vendors

11:30 am - 12:30 pm - Breakout Sessions "Gastroparesis" John Fang, MD "Wound Care" Anne Marie Brooks, MSN, RN, CDE "Depression" Vaughn Roche, LCSW "Using the National Diabetes Education Outcomes System" Carol Rasmussen, RN, CDE

12:30 pm - 1:45 pm - Lunch with Vendors

1:45 pm - 2:45 pm - Breakout Sessions "Nutritional Supplements" Shaun Talbot, Ph.D. "Diabetes and Auto-immune Endocrine Disorders" Alireza Falahati-Nini, MD "Recreational Opportunities for Adolescents with Diabetes (ROADS)" Eddie Hill, Ph.D. "Metabolic Syndrome in Utah" Ann Sorenson, Ph.D.

2:45 pm - 4:00 pm - General Session "365 Meditations for people with Diabetes" Cathy Feste, BA

For more information about this conference please call our office at (801)272-4510



\*Required for Registration

### Registration Form

*Name:
*Title:
*Title: *Facility:
*Facility:
*Address:
*Phone:
Fax:
E-mail:
Pre-Conference Wednesday, November 3, 2004
Pre-Conference Fee\$50.00
11:30 am - 2:30 pm - "Diabetes 101"  OR
12:30 pm - 2:30 pm - "Pump Wearing"
Free Admission Wednesday, November 3, 2004
☐ 3:00 pm - 5:00 pm "Prevention of Diabetes"
Diabetes Update, November 4-5, 2004
ADEU Member\$150.00
Membership Fee\$20.00
Non-Member\$175.00
One Day Registration\$75.00
☐ Thurs, Nov 4th ☐ Fri, Nov 5th
Total Amount
PAYMENT MUST ACCOMPANY REGISTRATION FORM

A Fee of \$25.00 will be added to all registrations received after October 25, 2004

Please make check payable to: Association of Diabetes Educators of Utah (ADEU) Mail to the address below:

Association of Diabetes Educators of Utah (ADEU) 4505 S. Wasatch Blvd. Ste 290 Salt Lake City, Utah 84124

To obtain more copies of the conference registration form please visit www.health.utah.gov/diabetes